

Jeffrey Morrison, MA
Certified Focusing Trainer and Certifying Coordinator
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Disclosure Statement and Agreement for Focusing Sessions and Training

The training services I offer relating to Guided Focusing sessions are not psychotherapy, are not a substitute for psychotherapy, nor are they intended as health care of any kind. If you have a mental, emotional, or physical condition that requires the care of a mental health counselor, psychotherapist, or a physician, I will be happy to help you to find appropriate care.

While I am a licensed mental health counselor, the Focusing Training I offer is not mental health counseling and is not intended to diagnose or treat any physical or mental illness, dysfunction, or condition. Focusing is not a “quick fix” but rather a process by which one can learn skills to facilitate accessing implicit knowing.

Professional Confidentiality

I strive to keep the details and content of our sessions private at all times. As a Focusing Practitioner, I am engaged in an ever-learning profession. For this reason, I may receive guidance from other Focusing Practitioners regarding my work with clients. As part of this professional development process, I may ask you if I can record our sessions. You are free to say yes or no. If you say yes, your recordings will only be use by me for the professional guidance process.

I am required by law to disclose certain information including suspected abuse of children under RCW 26.44 and RCW 18.19.180(3), or suspected abuse of vulnerable adults under RCW 74.34.

If you have any questions regarding your privacy, please let me know. I will be happy to discuss this with you further.

Financial Requirements

The cost of each 50 minute Focusing Training session is \$195.00. Payment is due at the beginning of each session. If you are unable to keep your appointment, you must give me 24 hours advance notice, or you will be charged for the session.

Contacting Me

I use a voice mail system to ensure confidentiality of your messages and to allow you to leave a more extended message when necessary. I check my voice mail often, less on weekends. Calls received after 5:00 p.m. may not be returned until the next business day; other arrangements can be discussed.

Consent to Participate in Focusing Training

By signing this document, you are attesting that you have received, read, fully understand, and consent to the disclosures, terms, and conditions above, and that you are consenting to participation in Focusing Training provided by Jeffrey Morrison, MA.

Please type in your name and date if corresponding through email and return to jeffrey@seattlefocusing.org

Client Signature:

Date: